

EVANGELINE LILLY GETS SUPER WITH MARVEL

THE "ANT-MAN" STAR TALKS THE SECRET TO HER SUCCESS. PAGE 16



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Weekend, July 16-19, 2015 www.metro.us | t: MetroNewYork | f: MetroNewYork



One year, one fight

Anniversary. Friday marks one year since Eric Garner died at the hands of an NYPD officer. PAGES 02 & 04

Demonstrators in December blocked the Lincoln Tunnel entrance following a grand jury's decision not to indict a cop involved in the chokehold death of Eric Garner. / GETTY IMAGES

Flagship FAO Schwarz store closes

PAGE 06

Twitter trolls don't bug Judd Apatow

PAGE 19



Get geeky with new fantasy analytics

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NEWS

Top 3

The best of Metro.us

1 'Boston among cities most likely to feel climate change impact: study'

2 'Obama weighs in on if Bill Cosby will lose Presidential Medal of Freedom'

3 'FAO Schwarz says goodbye to flagship store'



On the go

Want to read Metro on your mobile device? Get the app! All you have to do is search for Metro US in the App Store or Google Play to get all the latest in news, sports, lifestyle and entertainment for free.

What has changed since Eric Garner's death?

Q&As. Key players discuss what has changed and what needs to be done.

Friday marks one year since Eric Garner, a black man, died on Staten Island after being put in a chokehold by a white police officer, who stopped him on suspicion of selling

loose cigarettes.

A video of Garner's demise, shot by a bystander that showed Garner saying "I can't breathe" 11 times, sparked a national movement and calls for equal

justice in communities of color.

Subsequent deaths of unarmed men followed, including Michael Brown in Ferguson and Walter Scott in South Carolina,

followed by protests and a national dialogue on the value of black lives.



WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

Seeking justice

Gwen Carr, Eric Garner's mother

What has been the greatest policy change since Eric Garner died? Carr: Of course it was the executive order [appointing Eric Schneiderman as special prosecutor], because that was the biggest change we've gotten so far. We're looking for more. That's a temporary fix.

There have been massive protests in NYC and across the country in the wake of police shooting or killing unarmed men. How was New York different? Carr: The protesters are sticking together, there's more awareness now. Before, people might



have just looked the other way. They were united, and it spread all over the U.S., uniting people all over the world. In other states, they had riots, and there was a lot of confusion, but after New York set the tone, I think they followed our example, especially the Garner family.

What is the one change you or the people of New York are waiting for? Carr: We're still waiting for justice, and that's our main concern. Until we get justice, we will not have peace. To me, justice looks like these officers, all of the ones that caused my son's death, that they stand accountable for their gross misconduct.

'People are frustrated'

Constance Malcolm, activist and mother of Ramarley Graham, who was shot and killed by police in 2012

What has been the greatest policy change since Eric Garner died? Malcolm: We have the executive order, but every day you turn on the news,

someone's still getting killed. Nobody's taken responsibility, nobody's gone to jail, done any time, getting fired. So I don't really see any change.

There have been massive protests in NYC and across the country in the wake of police shooting or killing unarmed men. How was New York different? Malcolm: People are frustrated, some of the stuff that happened [in Ferguson], I don't agree with it, but you have to understand why people got

to that reaction. New York is an example to the rest of the country because we never sat down and took anything. Younger people are really more involved now than they were before, and it's because they see their peers getting killed by police, and again, no accountability. You look at the elderly that fought for civil rights back in the day, and they changed it. They didn't stay home to wait for it to get done. They stayed in the street, and they were persistent. They thought, "If I could be in the street,

and voice my opinion, I could make change.

What is the one change you or the people of New York are waiting for?

Malcolm: We are waiting to see an officer who commits a crime is actually charged with a crime. Because a lot of time they are charged with a civil rights violation, not manslaughter. They never



get convicted on that. We have to turn to the Department of Justice for them to come in and investigate and bring up civil rights charges.

Community relations

Norman Siegel, civil rights attorney

What has been the greatest policy change since Eric Garner died? Siegel: The Garner death has had a huge impact on the discussion about police-community relations. The body cameras on police was spearheaded by Garner's death. The use of video footage by residents became very clear that it changes the framework of the controversy. If Ramsey

Orta wouldn't have taken video, we would not have seen what actually happened, and I think it opened [the eyes of] not only New Yorkers but people throughout America [to] what happens out on the street.

There have been massive protests in NYC and across the country in the wake of police shooting or killing unarmed men. How was New York different? Siegel: Going to the streets, for many of us



that's the only option we have, the safety valve for people to use the First Amendment. The demonstrations were differ-

ent than Ferguson and they were peaceful, there was no violence or burning of stores, and I think to the credit of the protesters, they by and large took their anger and channeled it in a First Amendment, peaceful demonstration. The fact that it continues, there's a big demonstration on Saturday with thousands of people [expected] encourages me that people are not going to let this disappear.

What is the one change

you or the people of New York are waiting for? Siegel: A realistic retraining of police officers so they're out of their cars and walking the beat, trained to find out who is the bodega owner, who is in the barber shop, the park, to know people on a firsthand basis, to say good morning, to almost go back in time to when I was growing up in Brooklyn in the 1950s. This can't be a PR campaign, it has to be an effective retraining so officers are a part of the community.



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Look back

One year since Eric Garner died on Staten Island

Metro takes a look back at key events since Garner died.

- **2014 July 17:** Eric Garner dies on Staten Island after being put in a chokehold by Police Officer Daniel Pantaleo, who stopped Garner on suspicion of selling loose cigarettes.
- **July 18:** NYPD Officer Daniel



Pantaleo gets desk duty and surrenders gun and shield. Another unnamed officer is taken off of patrol duty.

- **Aug. 1:** The city's medical examiner rules Garner's death a homicide caused by a chokehold. Bronchial asthma, obesity and hypertensive cardiovascular disease also contributed to his death.
- **Aug. 23:** Thousands attend a Staten Island march organized by Rev. Al Sharpton to protest the deaths of Garner, and Michael



Brown in Ferguson, Missouri.

- **Oct. 7:** Garner family files suit against the city through Comptroller Scott Stringer's office, asking for \$75 million.
- **Dec. 3:** NYPD launches body camera program for police officers. A Staten Island grand jury declines to indict Pantaleo in Garner's death, setting off a night and weeks of protests. After the decision, Mayor Bill de Blasio speaks about having frank conversations with his own son, Dante de Blasio, about "train[ing]" him "how to take special care in any encounter he has with the police officers who are there to protect him." After the decision, PBA president Pat Lynch calls Pantaleo a "model" police officer.

- **Dec. 13:** Thousands march through Manhattan in the Millions March. After the march ended at 1 Police Plaza, Baruch College instructor Eric Linsker was arrested for allegedly assaulting two police officers on the Brooklyn Bridge.



- **Dec. 20:** NYPD officers Wenjian Liu and Rafael Ramos are shot and killed as they sit in the back of their police car in Bedford-Stuyvesant, Brooklyn. The alleged gunman, Ismaiyil Brinsley, commits suicide after the murder. Social media activity shows that he intended to avenge the deaths of Garner and Michael Brown in Ferguson. Mayor Bill de Blasio calls for the end of protests until after the officers had been laid to rest.



- **Dec. 27:** Many police officers turn their back on Mayor Bill de Blasio as he delivers the eulogy for Officer Ramos and the tension continues between City Hall and the NYPD.

- **2015 Jan 19:** Thousands march in peaceful protests to celebrate MLK Day and remember Garner and other people of color killed by police.



- **March 7:** March from Manhattan to Brooklyn over the Brooklyn Bridge remembers 50th anniversary of Bloody Sunday in Selma.

- **March 19:** Justice William Garnett denies request to release secret grand jury proceedings in Pantaleo case.

- **July 8:** Gov. Andrew Cuomo names NY Attorney General Eric Schneiderman special prosecutor assigned with investigating cases where a police officer kills an unarmed civilian, or when there is a question if a civilian is armed and dangerous, for a one-year term.



- **July 13:** City of New York agrees to pay Garner family \$5.9 million to settle wrongful-death claim. The family originally sought \$75 million.

- **July 17:** The date marks the first anniversary of Garner's death, and the family says die-ins and other events are planned to remember Garner across the city.

- **July 18:** A rally to demand the Department of Justice to investigate Garner's death is planned for 12 p.m. outside the U.S. District Court in downtown Brooklyn.

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Manhunt

Suspect IDed in rape of elderly woman

Police are trying to locate an 18-year-old man they identified as the suspect in the rape, robbery and kidnapping of an 82-year-old woman Monday morning.

Asa Roberts is accused of attacking the woman



Asa Roberts, 18 / NYPD

in her Coney Island home. Tips can be sent to Crime Stoppers at 1-800-577-TIPS (8477). **METRO**

Investigation

Teen wanted for stealing gun from off-duty officer

A teenager is wanted for allegedly punching an off-duty officer and stealing her gun while she was on her way to work in the Bronx around 5:20 a.m. on Wednesday. The woman was head-

ed to her precinct when she was approached by the suspect who reportedly reached for the officer's purse and punched her in the nose, NYPD said.

He was able to get the officer's gun, but the bag fell to the ground during the confrontation at Bronx Boulevard and East 226th Street in the Wakefield neighborhood. **METRO**

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Children play on the Big Piano, made famous by the movie "Big," in the FAO Schwarz toy store on Tuesday. / GETTY IMAGES

FAO Schwarz flagship store closes

Farewell. FAO Schwarz opened its doors for a final time this week before the store closed down.

After three decades, famed toy emporium FAO Schwarz has closed the doors to its flagship store.

The 45,000-square-foot location announced it was closing in May due to high rent prices and increased online competition. The store was packed Wednesday as people tried to get one last glimpse.

FAO Schwarz has been at its iconic Fifth Avenue and 58th Street location since 1986. Once it's gone, Apple will take over the space.

Hours before closing, a guard dressed in a Nutcracker costume waved to entering children. When asked if it was always this busy he said that it was especially more so because it was the last day.

"We get people here

from around the world, always," he said, waving to a group of backpacked adults with selfie sticks.

One of those customers, Erin Bignell, came from Toronto, Canada, pregnant belly in tow. Upon learning that she was there the very last day, her eyes became wide.

"Today is the last day?!" Bignell said. "I can't believe it. This place is a landmark."

A line of people, young and old, stretched alongside the wall as they waited to dance on the famous Big Piano featured in the 1988 Tom Hanks film "Big."

When it was her turn, Heather Rogers, a school teacher, mother of five and grandmother of three, appeared more energetic than the 5-year-olds jumping on the Big Piano.

Since before Rogers' children had children of their own, she would take her kids to FAO Schwarz.

"My daughter still remembers the kitten she got, and when I asked her what she wanted me to bring my grandchild, she said, 'Oh, get her a white kitten like I had!'" said Rogers. "They still have them."

A new location has yet to be found, but owner Toys "R" Us is looking to relocate into Midtown.

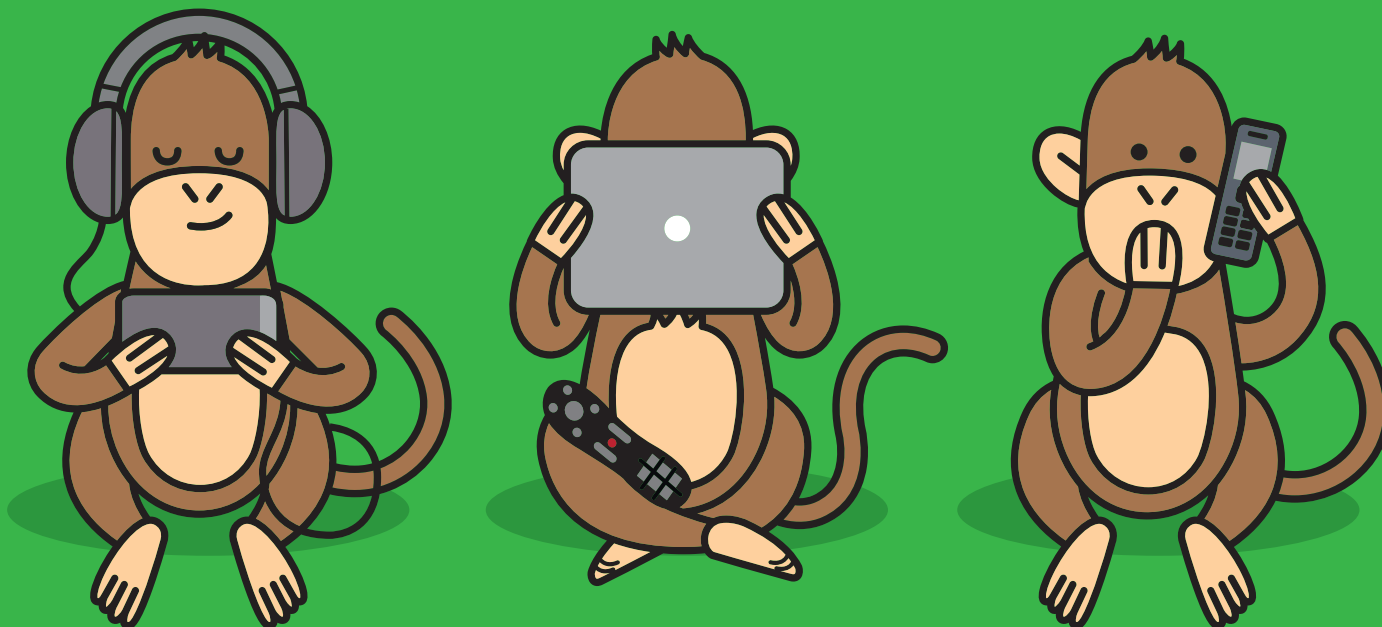
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Weekend transit changes

July 17 - 20

Weekend Service Changes & Advisories

Special Events

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Sunday, July 19, 2015 12:00 PM

- 1** No trains between 14 St and South Ferry
-Van Cortlandt Park-bound: skip 103, 110, 116, 125 and 137 Sts
- 2** No trains between E 180 St and 3 Av-149 St
-Trains run local: 34 St-Penn Station and Chambers St
-Flatbush Av-bound: skip Bergen St, Grand Army Plaza & Eastern Pkwy
- 3** Trains run local: 34 St-Penn Station and Chambers St
-New Lots Av-bound: skip Bergen St, Grand Army Plaza & Eastern Pkwy
- 3** Rockaway Av and Van Siclen Av Stations: closed for renovation
- 4** Woodlawn-bound: run express from Brooklyn Bridge to 14 St-Union Sq
- 5** No trains running
- 6** Brooklyn Bridge-bound: skip 116, 110, 103, 96, 77, 68 and 51 Sts
-Pelham Bay Park-bound: run express from Brooklyn Bridge to 14 St-Union Sq
- 7** Vernon Blvd-Jackson Av - board at the Flushing- bound and Times Sq-bound platform
- A** Downtown trains: skip 50, 23 and Spring Sts
-Inwood-bound: run via the **F** from Jay St-MetroTech to W 4 St
-Inwood-bound: skip 72, 81, 86, 96, 103, 110 and 116 Sts
-No trains between 88 St and Lefferts Blvd
-Brooklyn-bound: skip Rockaway Blvd and 88 St
- C** 168 St-bound: via **F** from Jay St-MetroTech to W 4 St
-168 St-bound: skip 72, 81, 86, 96, 103, 110 and 116 Sts
-Euclid Av-bound: skip 50 St, 23 St and Spring St
- D** Coney Island-bound: run local from 145 St to 59 St-Columbus Circle
- E** J.Jamca Center-bound: run express from Queens Plaza to 71 Av
-Jamaica Center-bound: skip 75 Av and Briarwood
-World Trade Center-bound: make local stops at 67 Av, 63 Dr, Woodhaven Blvd, Grand Av and Elmhurst Av
- F** Coney Island-bound: make local stops at 67 Av, 63 Dr, Woodhaven Blvd, Grand Av and Elmhurst Av
-Coney Island-bound: run via the **E** from Roosevelt Av to Canal St, then via the **A** to Jay St-MetroTech
-Coney Island-bound: run via the **M** from Roosevelt Av to 47-50 Sts
-Jamaica-bound: skip 75 Av, Briarwood and Sutphin Blvd
-Manhattan-bound platforms at Avenue X and at Dirmas Av: closed for renovation
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The peak heat is upon us, New York

Fun in the sun?

According to research done by NOAA, New York's temperatures tend to be the hottest from July 16 to 20.

The hottest summer temperatures in New York City tend to occur from July 16 to 20, according to a 30-year trend calculated by the National Oceanic and Atmospheric Administration's National Climatic Data Center.

On average, heat-related illnesses cause more than 600 deaths every year. From 2001 to 2010, more than 28,000 people were hospitalized for heat-related illnesses, according to Chief Medical Officer Tim Davis, M.D.

According to the New York City Department of



New Yorkers hydrate on Fifth Avenue. / GETTY IMAGES

Health and Mental Hygiene, a heat index of about 95 degrees is especially dangerous for older adults and other vulnerable individuals.

But how hot is it really supposed to be over those five days? Weather.com has the answers.

The predicted forecasts for July 16-20 appear to be more like the rainiest days of summer rather than the hottest. The temperature isn't expected to hit 90 degrees and there is a chance of thunderstorms three of

Dr. Davis knows

how to stay cool

- Spend time in locations with air-conditioning
- Drink plenty of non-alcoholic fluids like water and diluted sport drinks
- Choose light-weight, light-colored, loose-fitting clothing
- Limit outdoor activity to the morning and evening hours

the five days.

Weather.com deems July to be the warmest month, while January is the coolest. New York's record-high temperature happened on July 3, 1966.

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Greek protesters clash with police at anti-austerity march

Violence. Police responded with tear gas, sending hundreds of people fleeing in central Syntagma Square.

Greek anti-establishment protesters threw stones and dozens of petrol bombs at police in front of parliament on Wednesday before a key vote on a bailout deal, in some of the most serious violence in more than two years.

Garbage cans and a vehicle belonging to a television crew were also set on fire. The clashes were brief, and calm largely returned to the square, with a few hundred protesters staying on under heavy police surveillance.

Earlier, thousands took

to the streets of Athens in a series of otherwise peaceful marches during the day to protest against the new bailout deal that saved Greece from bankruptcy but will impose more reforms on a country already deep in crisis.

Once a common sight in protest marches in Greece, clashes with police had been very rare since the leftist Syriza party came to power in January. About 30 people were detained, a police source said.

Just before the clashes, protesters marched waving banners reading "Cancel the bailout!" and "No to the policies of the EU, the ECB and the IMF!"

Pharmacists pulled down their shutters across Greece and civil servants walked off their jobs in protest in a 24-hour strike against reforms.

"Further austerity is

Quoted

"The bailout to be voted today is against the people, it is against the workers. It is by far the most barbaric — even worse than the two previous ones which were also barbaric."

Dimitris, a 19-year-old protester

unacceptable," said Stavros Koutsoubelis, a spokesman for the ADEDY public sector union, urging lawmakers to reject the deal.

Opposition on the streets has so far been limited, however, and an opinion poll published on Tuesday suggested that more than 70 percent of people wanted parliament to approve the bailout. **REUTERS**



A protester is arrested by riot police following clashes in Athens, Greece. / GETTY IMAGES

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Five things you need to know

Obama announces project for more broadband in public housing

President Barack Obama announced a pilot project to expand broadband access for people who live in public housing, his administration's latest push to narrow the "digital divide" between the rich and poor.

Working with mayors, Internet service providers and other companies and nonprofit organizations, the Department of Housing and Urban Development will make it cheaper and easier for more than

275,000 low-income households with almost 200,000 children to

get home Internet, the White House said in a statement.

Private and public institutions have pledged to invest \$70 million in the plan, including a \$50,000 federal grant, HUD Secretary Julian Castro told reporters on a conference call.

The program will launch in 28 communities, mainly in large cities.

In Atlanta, Georgia; Durham, North Carolina; Kansas City, Missouri; and Nashville, Tennessee, Google will provide free Internet connections in some public housing areas.

In select markets, Sprint Corp. will offer free wireless broadband access to families with kids in public housing. In Seattle, CenturyLink Inc. will provide broadband service for public housing residents for \$9.95 a month for the first year.

REUTERS

US says computer hacking forum Darkode dismantled

U.S. authorities working with law enforcement officials abroad have shut down the Darkode online forum used by cybercriminals around the world and charged 12 people linked to the site, the U.S. Justice Department said on Wednesday.

U.S. Attorney David Hickton announced the charges in Pittsburgh and called Darkode "a cyberhornet's nest of criminal hackers."

"Of the roughly 800 criminal Internet forums worldwide, Darkode represented one of the gravest threats to the integrity of data on computers in the United States," he said. REUTERS

Convicted sex offender charged in case of girls missing for 40 years

A convicted sex offender has been charged with the murder of two young Maryland sisters whose 1975 disappearance triggered one of the biggest police investigations in suburban Washington, D.C., history, authorities said.

Lloyd Lee Welch, a former drifter and carnival worker, has been the focus of the 40-year investigation for two years, Maryland and Virginia authorities said.

Katherine and Sheila Lyon, ages 10 and 12, disappeared on March 25, 1975, when they walked to a mall in Wheaton, Maryland, and were never seen again.

REUTERS

FBI, DEA met Mexican agents over Guzman escape

U.S. officials met with agents of the Mexican attorney general's office to discuss the recent escape from prison by drug kingpin Joaquin "El Chapo" Guzman and coordinate efforts to recapture him, a Mexican government official said.

Representatives from the U.S. Federal Bureau of Investigation and the Drug Enforcement Administration met Mexican law enforcement officials in Mexico City on Monday to share information, the government official said, speaking on condition of anonymity. REUTERS



Apple launches latest iPod touch

Apple launched its latest iPod touch gadget at a time when the company is looking to popularize its new music service.

The new iPod features an 8-megapixel iSight camera and a FaceTime high-definition camera and also houses an Apple-designed A8 chip, which is used in the iPhone 6. It will give access to Apple Music and features a fitness-tracking M8 motion coprocessor.

The new iPod will go on sale today and cost \$199 to \$299. REUTERS



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GETTY IMAGES

Pluto gets its close-up

NASA's New Horizons spacecraft passed by the ice-and-rock planetoid and its entourage of five moons. The event culminated an initiative to survey the solar system that the space agency embarked upon more than 50 years ago. "Pluto just had its first visitor," President Obama posted on Twitter. "Thanks NASA. It's a great day for discovery and American leadership." About 13 hours after its closest approach to Pluto, the last major unexplored body in the solar system, New Horizons phoned home, signaling that it had survived its 31,000 mph blitz through the Pluto system. **REUTERS**

Quoted

"This is a tremendous moment in human history."

John Grunsfeld,
NASA's associate administrator for science

Data

99%

With 99 percent of the data gathered during the encounter still on the spaceship, New Horizons' survival was critical to the mission.

No tolerance

Obama weighs in on Bill Cosby

During a press conference Wednesday afternoon, President Obama weighed in on the proposal to take away Bill Cosby's Presidential Medal of Freedom.

The president said that there was no precedent for taking back the medal from the comedian.

Obama took the moment then to speak out against rape, saying "If you give a woman — or a man, for that matter

— without his or her knowledge a drug, and then have sex with that person without consent, that's rape. And I think this country, any civilized country, should have no tolerance for rape."

MATT LEE

Calif. judge orders release of video of police shooting



A screen grab from the video made public by U.S. District Judge Stephen Wilson / GARDENA POLICE DASHCAM

Video. Officers fatally shot unarmed man in June 2013.

A police video that shows Gardena, California, police officers fatally shooting an unarmed man in 2013 was released on Tuesday.

The officers mistook the fatally shot man, Ricardo Diaz-Zeferino, and others for robbery sus-

pects. Diaz-Zeferino was out looking for his brother's stolen bicycle with two others in June 2013.

The video was published by the Los Angeles Times after a federal judge ordered the release.

The video shows a man taking his hat off and lowering his hands before being shot eight times. The second man, Eutiquio Acevedo Mendez, was hit once in the back and has recovered from his inju-

ries, the LA Times reports.

The ruling to release the video comes as more police departments are equipping officers with body cameras.

The Gardena police chief released a statement late Tuesday describing the shooting as tragic while also continuing to oppose publicly releasing recordings for privacy reasons, the LA Times reports.

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Lilly gets serious in "Ant-Man" because "somebody has to."
MARVEL ENTERTAINMENT

Super woman

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THE FUN STARTS HERE

With "Ant-Man," Evangeline Lilly becomes the newest member of the Marvel Working Moms Club.



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Evangeline Lilly nearly walked away from acting completely after "Lost" ended. "I think I made it quite publicly known that I wasn't sure if I had a future as an actress, if I wanted to pursue it beyond the show," she says. But she's come to terms with the industry — which is good, because her "Ant-Man" role may keep her busy for a while.

With all the talk about strong female characters and needing more female superheroes, do you feel like, in a way, you get to be part of the future of that?

I would love to be. If Marvel presented me a platform that I could get up on and do that, that would be a very immense honor for me. I think it's fairly publicly known that I like to represent strong females and that it's important to me what I put out on the screen.

Have they talked to you at all about the future of your character and when or if she might show up again?

No, actually, they haven't. I'm still waiting to find out. There is this running joke within the company that all

the Marvel women are always pregnant. [Laughs] Scarlett Johansson, Cobie Smulders, Zoe Saldana. Well, they all suddenly have job security! We're all suddenly in these multipicture deals, and we know there's another gig coming so we don't necessarily need to go out and look. I'm assuming and hoping that I'm going to get a call from Marvel sometime saying, "The movie was a hit; we want to make a sequel."

So the secret to being a successful working mom is having a deal with Marvel?

Exactly! [Laughs] That's all you need, and then you can sit back and relax.

And until that call?

I don't have plans right now in the acting world.

I'm working on an adult novel series — or I'm trying to. We'll see if I accomplish that mission or not. I'm also working on the second "Squicker-wonkers" book. That's my big focus right now.

How do you view acting versus writing?

I think of this as my main gig, as in I'm a breadwinner for my family, and this is what brings home the bacon. But as far as where I really spend my time and passion, I've been doing about a film every two or three years since "Lost" ended, and between [those], all that time is being spent working on my writing.



Lilly (and her next baby) on the "Ant-Man" red carpet.
GETTY IMAGES

"Lost" coincided with the rise of TV recaps and online discussions, and you were a popular target. How did that affect you?

The whole thing was completely overwhelming, and I really didn't enjoy my job. I had a hard time adjusting to the kind of attention that our show got, the kind of attention that I got. Living so publicly, being so exposed all the time was really uncomfortable. My intention was, "I'll see out my contract, and then I am out. I can't do this." What's really great is that "Lost" did start this trend in TV where people do that about a lot of shows, and they get all that attention now. [Laughs]



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'Irrational Man'

Director: Woody Allen
Stars: Joaquin Phoenix, Emma Stone
Rating: R

There is no old jazz song played, off a 78, during the opening credits of Woody Allen's "Irrational Man," as there almost always is. In fact, there's no song at all. It stars an actor, Joaquin Phoenix, not even trying to do the Woody Allen type — neurotic, stammering, whiny-voiced. Phoenix is mumbly and shambling as ever, in his own world, and surely the most distinctive thespian to headline a Woody Allen movie since Sean Penn freaked up "Sweet and Low-down" 16 years ago. And to top it off, it's rated R — a rarity for the Woodman.

If all this makes Allen's 46th feature sound like a standout, it shouldn't. It's his umpteenth look at the meaninglessness of existence. Despite the frequency with which the director's explored it, the topic is the only thing that interests Phoenix's Abe, a dashing philosophy professor so bored that he's taken a job at a remote university. When



Joaquin Phoenix plays a brilliant but bored philosophy professor in Woody Allen's "Irrational Man." SONY PICTURES CLASSICS

Abe eavesdrops on a woman complaining about a local judge whose death would save her from a life of destitution, he decides to devise a fool-proof scheme to kill the judge in a way that won't get him caught, either by the police or by a higher power, who/which doesn't exist anyway.

What follows is another of Allen's reflections on amorality in a godless universe, only with a slightly different outcome. It's also a lot lazier, and not just because Abe's plan is gobsmackingly dumb and the dialogue is shockingly

completely unmemorable. The only thing approaching a joke involves the word "Viagra."

But Allen films, even the bad ones, still feel comfortable, like a ratty pillow with two holes and the stuffing coming out that you can't bear to bin. Like Clint Eastwood, he makes films in such a stubbornly rigid way that their very stolidity can be oddly soothing. This is a lesser work by a master, albeit one who has freely admitted he doesn't think he's a master and who, here, truly seems to be trying to convince himself of such. **MP**

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"Trainwreck" director Judd Apatow debunks the myth of PC culture.



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Judd Apatow teamed up with "Trainwreck" star Amy Schumer because of her unique comedic style, but that's been getting her in hot water lately. So where does Apatow stand? He'd say everyone should calm down, if anyone were actually upset.

Amy has been under fire a lot lately for her comedy, and our culture seems to be very outrage-happy.

I think that people aren't any different now than they've ever been. It's just that the people who are concerned about such things have easier access to a platform to complain. Comedians should be able to make jokes about everything.



Amy Schumer and Bill Hader get physical on the subway in "Trainwreck." UNIVERSAL PICTURES

It does feel like we keep getting these 24-hour bursts of outrage, though.

I don't even think it's real. I don't think anyone is outraged. I think, like, one blogger in his basement is outraged and makes a lot of noise so that they can get noticed, but I don't think people care that much about jokes. Jokes don't affect the world. I just think they're interesting to write about.

Maybe it's just a Twitter feed illusion.

I just don't think there's a huge outrage about anything. It's just the equivalent of if every single letter to CBS when "All in the Family" aired was in the paper. It's just that there's a way for those people to get noticed now.

You're very active on Twitter yourself.

I have to say I probably

enjoy it a little too much. I like talking to people; I enjoy stirring things up. It probably takes up more time than it should.

You're also working on "Love" for Netflix.

I guess you could call it a romantic comedy in slow motion. It's fun to write things knowing that people are going to consume it quickly. Some people think my movies are long, so it might be better for me to have a

What are your thoughts about people suggesting your movies are too long?

I mean, my movies are really only about 10 minutes longer than what other people might do. But then people

will go home and watch 17 episodes of "Breaking Bad" in a row. So I think it has to do with the fact that people want to pee in the middle of a show, and if they can't pause, they get frustrated.



Apatow
GETTY IMAGES

five-hour series to work on. [Laughs] You do have to think about the fact that they're probably going to watch two or three episodes at a time, minimum, and you want that experience to be fun.

Do you binge-watch your-self?

Not in the traditional sense. I can't do more than two at a time of anything, and there are some shows that I'll still take four or five years to watch.

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'Ant-Man'

Director: Peyton Reed
Stars: Paul Rudd, Michael Douglas
Rating: PG-13

The Marvel number "Ant-Man" ends with a rush — not the half-hearted but still silly coda or the obligatory semi-comprehensible post-credit scenes only nerds could understand. It's the climax — a dizzying, playful, joke-strewn dervish that finds the film truly, finally finding its own goofy voice. It arrives after a long, bloody battle to be more than a cookie-cutter Marvel entry, a fight so gory the production lost its original director, Edgar Wright, about a month before shooting commenced. Wright was too singular for what is now an assembly line that cranks out interlocking comic book movies with interchangeable iconic superheroes and interchangeable, decidedly non-iconic baddies.

You can see traces of Wright pop up here and there, like land mines, disrupting what would have likely been the company's least distinctive product, albeit based on a distinctive, oddball, deep-cut title. Paul Rudd is Scott Lang,



"Ant-Man" likes to put its superhero in very un-superhero-like settings.
MARVEL

the handsomest con there ever was, who gets out of prison — for a semi-noble deed, natch' — and soon finds himself in possession of a mysterious, retro-looking suit that allows him to shrink in size. He must stop another guy (Corey Stoll) who has a similar suit but will use it for nefarious purposes.

This is refreshingly simple for a Marvel plot. It's still a bumpy ride, a struggle to be personable while still conforming to corporate protocol. And so while Rudd gets to occasionally crack one of his usual self-aware line readings,

he also has to spend some of the movie brooding. Scott is fighting to win visitation rights to his young daughter, which is a bit too heavy for a film about a dude who can bro down with ants. Still, eventually its fun-filled voice wins out, first in a scene where our nervous hero beats up a guy while offering a Guinness-level number of "Sorry!" exclamations, then during the giddy climax. If more of these included nods to the Wallace and Gromit short "The Wrong Trousers," then a future of endless Marvels wouldn't seem so grim. MP

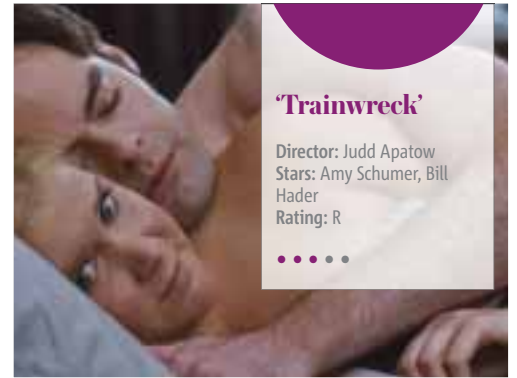
Amy Schumer wrote a rom-com that doesn't totally hate women



MATT PRIGGE
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"Trainwreck" is the story of a woman who tries settling down after eons playing the field. It is not the story of a slattern who tries settling down because she needs to correct her wicked, wicked ways. For her splashy movie vehicle debut, Amy Schumer quietly — well, with lots of hard-R sex jokes, some of them deployed by John Cena — dismantles if not the entirety of the rom-com genre then some of its more irksome parts. "Trainwreck" knows there's a distinction between the reactionary, retrograde submission to patriarchal norms it could be and the progressive film sincerely (but hilariously) exploring anxieties that it is.

First is the notion that women should be punished for acting on their sex drive. A key scene finds Schumer's Amy getting into a cab with a date. He tells the driver to make two stops. She casually corrects him: just one. The movie doesn't treat her like a skank; she's rocked a bold, smooth move, as cool and



Amy Schumer is anxious about committing to Bill Hader in "Trainwreck."
UNIVERSAL PICTURES

confident as anything done by Bogart or Cary Grant. Amy inevitably meets a nice guy (Bill Hader) she cares about, but at the same time she's reluctant to part with the fun of what has long been her lifestyle: drinking, toking, banging. It explores the unease of entering into any serious relationship, especially when doing that means parting with things one enjoys doing.

"Trainwreck" isn't anywhere close to perfect, and in some ways it suffers from first-script syndrome. Oftentimes it's just a collection of jokes — very funny jokes, and ones that don't always

revolve around the gently sarcastic, insecure Schumer. She's a generous comedian, regularly allowing her first big movie to be hijacked by others, be they Tilda Swinton, in full-on Tilda glory as Amy's tyrannical editor, or LeBron James, who plays Aaron's obligatory rom-com bestie, who, as it happens, is actually LeBron James. "Trainwreck" can be simply content to lightly play off genre conventions, or even embrace them. What it never does is acknowledge that its rom-com star is not your typical rail-thin stick figure, because that's not a notion even worth bringing up.

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Recipe

Cheesy Chicken Broccoli Rice Casserole

A mix of brown rice, quickly sautéed chicken and fresh broccoli in an easy, light cheddar cheese sauce, this casserole is a simple, healthy dinner that you can create in endless variations. To cut down the prep and cook time, I used instant brown rice, but you could use long-cooking brown rice or even farro or quinoa. As a vegetarian option, the chicken can be replaced with white beans, and the broccoli can be substituted with any fresh or frozen vegetables you have on

hand. I foresee a bell pepper cheesy chicken rice casserole happening later this summer and a sweet butternut squash version in the fall.

On her blog, Well Plated by Erin, Erin Clarke shares approachable recipes for lightened-up comfort foods, healthier baked treats and seasonal eating.



Yield: Serves 6 (prep time: 30 minutes; cook time: 25 minutes)

Ingredients

- 1½ cups low-sodium chicken broth
- 2 cups instant brown rice
- 1 pound broccoli florets, chopped into bite-sized pieces
- 1 teaspoon extra virgin olive oil
- 1 pound boneless, skinless chicken breasts, chopped into bite-sized pieces
- ¾ teaspoon kosher salt, divided
- ¾ teaspoon garlic powder, divided
- ½ teaspoon black pepper, divided
- 2 tablespoons flour
- 2 cups milk, divided (I used skim)
- 3 tablespoons Dijon mustard
- ½ cup non-fat plain Greek yogurt
- 1½ cups reduced-fat shredded cheddar cheese, divided (about 6 ounces)

Directions

1 Place rack in center of oven and preheat to 375 degrees. Lightly coat a 9-inch square, deep baking dish or a 2-quart casserole dish with cooking spray.

2 Bring chicken broth to a boil in a large pot, then add rice. Return to boil, add broccoli to the top of the pot, then cover and reduce heat to low. Cook 5 minutes. Remove from heat and let sit, covered, for an additional 5 minutes.

3 Meanwhile, heat extra virgin olive oil in Dutch

oven or large deep pot over medium-high heat. Add chicken, season with ½ teaspoon salt, ½ teaspoon garlic powder and ¼ teaspoon black pepper. Sauté until cooked through and no longer pink in the center, about 4 to 6 minutes, then remove to a plate and set aside. Being careful not to burn yourself, wipe the pot clean with a paper towel.

4 Reduce heat to medium. In a small bowl or large measuring cup, whisk together the flour and ½ cup milk. Pour the mixture into the pot, then add remaining 1½ cups milk. Cook mixture, stirring constantly until thickened, 7-10 minutes. Remove skillet from heat and whisk in Dijon, remaining ¼ teaspoon salt, ¼ teaspoon garlic powder and ¼ teaspoon black pepper. Once combined, stir in the Greek yogurt and 1 cup of the shredded cheese until smooth.

5 Add the rice and broccoli mixture and the reserved chicken to the cheese sauce, stirring gently to coat. Spoon the mixture in to the prepared dish and top with remaining ½ cup cheese. Bake 25 minutes until hot and bubbly. Let stand 10 minutes, then serve.

Note: This dish can be prepared up to the point of baking two days in advance. Let dish stand at room temperature for 30 minutes, then bake as directed. It can also be frozen for up to 3 months.

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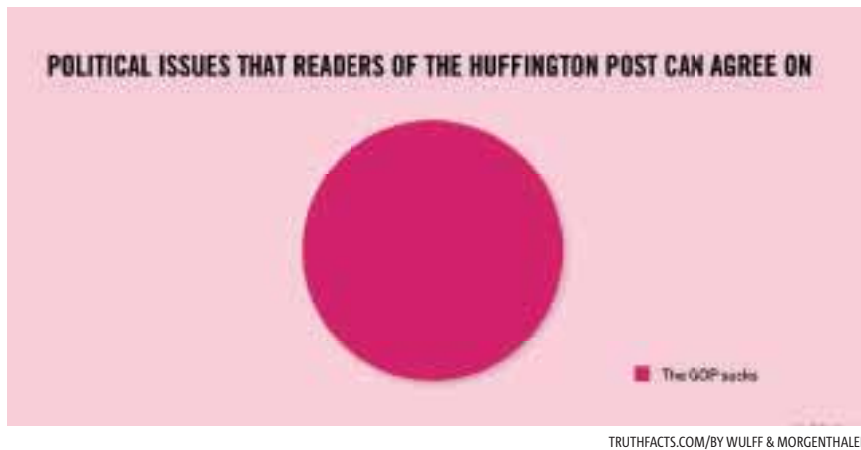
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Aries Don't be intimidated by what you think you can't do. With careful planning, you will advance. Precision and a positive attitude will take you far.



Taurus You won't get the recognition you deserve if you don't talk about your discoveries, accomplishments and plans for the future.



Gemini Take the initiative, or you'll miss out. If you want something, you have to go after it. You will be rewarded for your accomplishments.



Cancer Unresolved personal problems will prey on your mind. Stop procrastinating so that you will be free to move on to more enjoyable pastimes.



Leo Generosity won't work if you are trying to buy love. If you pay your own way, you will discover that others will be content with your conversation.



Virgo Your dedication to a worthy cause will bring you acclaim. People you may not have met will recognize your value and determination.



Libra Pay close attention to any changes going on around you. An unsettled situation will work to your benefit if you don't hesitate to act.



Scorpio New horizons are opening up. Unfamiliar venues and new experiences will stimulate your creativity and inspire you to start something meaningful.



Sagittarius Your kindness will bring unexpected favors. Strive to make improvements that benefit everyone in order to gain respect.



Capricorn Keep an open mind. A spur-of-the-moment decision will bring new opportunities. If you trust your intuition, you will rise to the top.



Aquarius You can remain in control if you don't give in to pressure tactics. Others may have an alternate agenda. Make a change when the time is right.



Pisces Marketing your skills will be worth the effort. Networking with individuals who have relevant experience will give you insight. **EUGENIA LAST**

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metro.us/sudoku

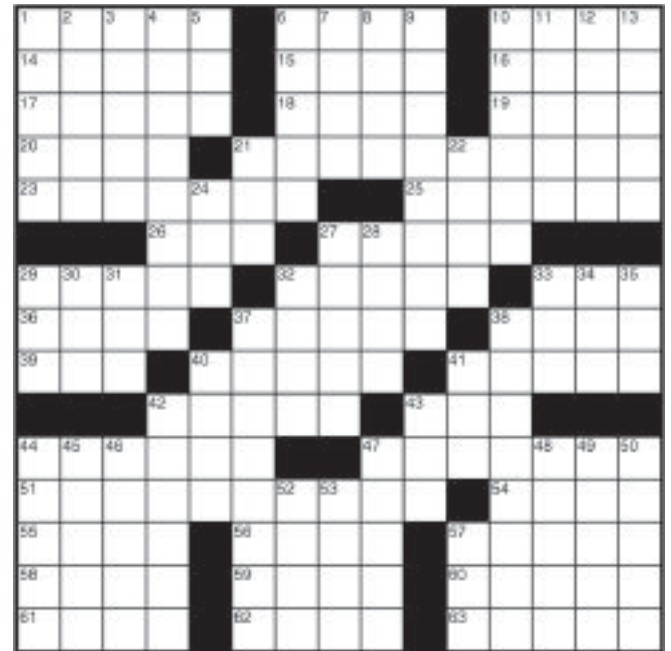
easy

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metro.us/crossword



Across

1 Cross the plate
6 United – Emirates
10 Masculine principle
14 Pika's cousins
15 Travel document
16 NYC theater award
17 Demean
18 On a grand scale
19 Went in headfirst
20 Paper toy
21 Doesn't lose (2 wds.)
23 Bad guys
25 Ms. Rubinstein
26 Swimsuit half
27 Middays
29 Rousseau novel
32 Outwitted
33 London lav
36 Maneuver slowly
37 Lays asphalt
38 – up (review)
39 Eur. airline
40 Boitano or Wilson
41 Karnak neighbor
42 Office worker
43 Humor
44 Greek city-state
47 Silent types
51 Cherry cordial
54 Layered cookie

Down

55 Boys' school
56 Wet down
57 Foul-up
58 Citrus fruit
59 She, in Seville
60 Plays
61 Garden dweller
62 Good buy
63 "Tosca," for one
24 Dander, plus
27 Kim of "Vertigo"
28 Water buffaloes
29 Cartoon shriek
30 "Bien" opposite
31 Suffix for hero
32 County event
33 Bagel partner
34 The Plastic – Band
35 Donne's "done"
37 Pontificated
38 Fasten (2 wds.)
40 Short orders?
41 Fleur-de- --
42 Stretched to see
43 Casper's st.
44 Refine, as metal
45 Terrace
46 Pleasant smell
47 "Kazaam" star
48 Blank a tape
49 Allude to
50 The "March King"
52 Pit
53 "La – Bonita"
57 Marquee notice of yore

For answers, go to
metro.us/crossword-answers



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going
out

Where to eat for Restaurant Week

The summer edition of NYC Restaurant Week begins Monday through Aug. 14, and reservations are open for three-course lunches (\$25) and dinners (\$38) at over 360 restaurants. We found five to book now for seasonal bites at a steal. **EVA KIS**

Riverpark

450 E. 29th St.

It doesn't get more farm-to-table than having your own garden, which is just one of the ways Tom Colicchio's East River-side restaurant is keeping things fresh. The food is ever-changing modern American dictated by the city's greenmarkets and local farms, and for Restaurant Week lunches you'll have your choice of the entire menu.

Little Park

85 West Broadway

Andrew Carmellini is the kind of chef who likes to turn the tables on what's supposed to be the star of a dish, pairing burrata with fresh strawberries and upstaging proteins with a kicky sauce you'll be licking the plate to finish. Though the Restaurant Week menu remains under wraps, you can walk into this restaurant with perfect trust.

Chefs Club

275 Mulberry St.

When the culinary world's luminaries swing through NYC, there's a good chance they'll stop in for a guest stint at Chefs Club. Those are special evenings, but you can bet that the regular crew (which is not too shabby either: Food & Wine magazine chose four of its Best New Chefs to run the kitchen) learns a little something every time.

The Lion

62 W. Ninth St.

Chef Justin Neuback has chosen to highlight this old-school New York spot's Italian side for his dinner menu, with a nettle pesto appetizer and crispy suckling pig among your options. Maybe best of all though is a three-course wine pairing for just \$20 more. Enjoy it in the dining room that doubles as a gallery of art by such NYC icons as Andy Warhol.

The Water Club

500 E. 30th St.

The upscale seafood-focused restaurant loosens up a bit during summer on its seasonal rooftop, The Crow's Nest. Linger over unobstructed East River views while sampling a menu that takes its turf as seriously as its surf. We recommend taking a long lunch for this one, but you won't have to bring a client to write off the check.

WHERE TO EAT, DRINK & PLAY

Painted bodies send a message

Artist Andy Golub thinks we're all too buttoned up — literally. "When we get dressed in the morning, we convince ourselves, 'Oh, now I look alright.' But really we're just hiding things about ourselves that we don't want people to see," he says.

Golub isn't alone in thinking we're preoccupied with concealing our bodies, and he's gathered 50 fellow body painters and 100 models to lay it all bare for Saturday's second annual NYC Bodypainting Day. The volunteers will strip down to be painted at Dag Hammarskjöld Plaza, then showcase the au naturale artworks by marching to the United Nations, then taking their mobile art gallery to the rest of the city aboard a double-decker bus.

The performance is much more than exhibitionism — it's a reminder that there's no one "right" type of body that deserves

If you go

NYC Bodypainting Day

July 18, 12-4 p.m.
March begins at
Dag Hammarskjöld Plaza
47th St. & Second Ave.
Free

to be on display.

"I think we spend an enormous amount of time pretending we don't [have bodies], particularly if they don't fit a sanctioned image for being naked. But the more we hide ourselves, the more warped our own sense of our bodies gets," explains Nicolette Barischoff, a Los Angeles naturist who will be flying in to have her body painted by Golub. The models, including



NYC Bodypainting Day 2014 **ANDY GOLUB ART**

a skydiver in her 70s and a breast cancer survivor who had a double mastectomy, all come for their own reasons. For Barischoff, who was born with spastic cerebral palsy, body painting is especially personal: "I think particularly with disability, a lot of people want to divorce me from

my body in the sense that my body makes them uncomfortable. I want people to face the fact that I have a body."

This year, the artists will also be taking volunteers, so if you want to trade in your jeans and tee for your birthday suit, they'll paint you, too. **RACHEL KASHDAN**

Pop Cultured

Find your new '80s favorites

The '80s won't go away, but maybe for a reason: Every time you think humanity has exhausted the decade, someone finds another few diamonds in the rough. There are, as it happens, plenty of surprises in Indie '80s, BAM's series of the Reagan era's thriving low-budget movie scene that extends from tiny personal projects only now getting attention (such as Kathleen Collins' "Losing Grounds") to scrappy horror classics like Sam Raimi's "The Evil Dead." The series runs through late August, with over 70 titles, but this weekend you can take in Robert Townsend's scathing "Hollywood Shuffle," the campstastic doc "The Decline of Western Civilization Part II: The Metal Years" in which Ozzy Osbourne is the voice of

If you go

Indie '80s

July 17-Aug. 27
BAM Rose Cinemas
30 Lafayette Ave., Brooklyn
BAM.org/film



reason, and the epic cinematic "Sherman's March" — a diverse trio that sets the scene for what's to come. **MATT PRIGGE**

Music is an endangered species

The bassist of You Bred Raptors? talks dinosaurs and the end of weird music in NYC.



EVA KIS
@thisiskis
eva.kis@metro.us

Peat Rains has been waiting 22 years for a worthy sequel to “Jurassic Park,” which gave his band its name, You Bred Raptors? (Say it in the incredulous tone of Dr. Alan Grant.) After seeing “Jurassic World,” he’s still waiting.

“The first one was so groundbreaking; you knew you were watching something historic,” he recalls. “I didn’t feel any of that [with ‘Jurassic World’]. It was a really big letdown.”

But Rains, 32, isn’t giving up on his lifelong love affair with the idea behind the franchise: “I want to



You Bred Raptors? perform at MoMA — not their usual venue. PROVIDED

see [a dinosaur park] before I die. I want to ride a triceratops; that would be dope.”

For now, he’s still got You Bred Raptors?, who are opening for The Protomen this Sunday at the Gramercy Theater. The band began as a solo project, with Rains doing all the instrumentation. “And that’s great — for a song or two,” he admits.

“There’s definitely a point you reach when if you’re not challenged by somebody else’s song structure, you’re always going to be in check with the extent of your ability.”

But he didn’t want to work with a guitarist (they tend to have egos), so he added a cellist and a drummer to his own eight-string bass. You Bred Raptors? has been playing

at subway stations three times a week since 2010 as part of the Music Under New York program, though Rains is modest about their success.

“I think we’re too weird; we just got in on a good year,” he says. “There were a lot of generic singer-songwriters auditioning that day, and we were something different.”

“Different” is one word

to describe it. The closest comparison to their atmospheric instrumentation may be Bear McCreary’s moody soundtrack to “Battlestar Galactica” — the songs feel epic and very personal at the same time.

Rains calls the subway the “lifeblood” of the band. Since they started busking, they’ve made five albums (all named for “Jurassic Park” characters)

and contributed music to movies, TV shows and stage productions. But You Bred Raptors? just returned from a tour of the U.S. and Canada that Rains says was equal part reconnaissance trip for where they’ll land next. Aside from the band, he has to teach juggling part-time to make ends meet, and with small venues closing almost weekly and the politics of booking, he says there are fewer opportunities for offbeat bands.

But as long as he’s playing somewhere, that would be enough.

“[Music] is the one thing that makes me happy, and it’s the one thing that I’m good at,” he says. “There’s not a lot of work going around for jugglers, so I gotta stick with this.”

If you go

You Bred Raptors?

July 19, 8 p.m.
Gramercy Theater
127 E. 23rd St.
YouBredRaptors.com

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Listings

MUSIC

Tarana + Tektonik

July 17, 7-8:30 p.m.
Rubin Museum, 150 W. 17th St.
\$18-\$20, RubinMuseum.org
The Rubin's identity is infused with the traditions of the East, and this Friday's electronic concert hews close to that theme. Ravish Momin's Tarana and cellist Dana Leon's Tektonik both

strive to produce "folk music from nowhere," blending influences from India and the Middle East with electronica.

SUMMER

Underwear Run

July 17, 7:30-8:30 p.m.
Starting at Cherry Hill
Free, NYCtri.com
There's nothing more invigorat-

ing than a 1.7-mile run through Central Park on a beautiful summer evening — except, of course, doing it in your skivvies. Registration is closed, but spectators are welcome to cheer runners on.

THEATER

'The Wild Party'

Through July 18
New York City Center
130 W. 56th St.
\$25-\$130, NYcitycenter.org
This production about a night of 1920s debauchery will last only through the end of this week. It's the last of this year's Encores! Off-Center series, which produces rarely staged musicals.

FILM

Tribeca Film Fest at Nitehawk

July 20-22, 7:30 p.m.
Nitehawk Cinema
136 Metropolitan Ave., Brooklyn
\$15, NitehawkCinema.com
Documentaries stole the show at this year's Tribeca Film Festival, and now you have



GETTY IMAGES

MUSIC

U2

July 18-31
Madison Square Garden
4 Pennsylvania Plaza
\$35-\$280, TheGarden.com
This little band out of Ireland outgrew most venues a long time ago. Nonetheless, their INNOCENCE + EXPERIENCE tour is making an effort to create a more intimate atmosphere by playing smaller stages. An eighth concert has been added, but tickets are sure to go fast — with or without you.

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another chance to see them at Nitehawk's Summer Documentary Series. Catch tSNL doc "Live From New York" (July 20), see a counterterror raid firsthand in "(T)error" (July 21) and get to know the art and science of New Yorker cartoons in "Very Semi-Serious" (July 22). Each screening is followed by a reception and talk with the filmmakers in Nitehawk's bar, Lo-Res.

the latest is next Wednesday's edition of The Greatest 3-Minute Story series, where 12 contemporary writers will tell mini-stories that pay tribute to "Clueless."

PETS

Freddy's Doggy Fashion Show

July 18, 4-7 p.m.
Freddy's Bar
657 Fifth Ave., Brooklyn
Free, FreddysBar.com
This Saturday, score some social media shares at the second annual Doggy Fashion Show, with a photo session and runway for your gussied-up pups. The event is part of Park Slope's Summer Stroll, which closes down a stretch of Fifth Avenue for food and drink vendors, as well as activities that highlight the neighborhood.

TALK

20 Years of Being Clueless

July 22, 7 p.m.
Refinery29
225 Broadway, 23rd Floor
Free, Vol1Brooklyn.com
It's been 20 years since the release of "Clueless," and damn that makes us feel old. There have been talks and screenings all month in celebration, and

FOOD

Georgia Peach Truck

July 17-19
Various locations
ThePeachTruck.com
What began as a token of love from a Southern boy to a Northern girl has grown into a dedicated Peach Truck, and for the first time Stephen and Jessica Rose are bringing their brown bags of fresh Georgia peaches to NYC this weekend, stopping at food halls and Smorgasburgs along the way. Some of their peaches also arrived early, and they can be found in pastries, ice cream and other goodies at restaurants and bars around town including Catch, Lexington Brass, Butter & Scotch, Whimsy & Spice and Luca & Bosco Ice Cream.
T. MICHELLE MURPHY

Briefs

Lyft slashes ride prices below 97th Street to \$5

The rideshare wars are hotter than ever, and that's good news for you.

On the heels of last week's Uber announcement of \$10 UberPools below 96th Street (whether you're matched with a rider or not), Lyft has countered with a ride-sharing headline of its own: For a limited time, pay just \$5 for Lyft Line rides south of 97th Street in Manhattan. A cab ride that far would

likely climb into the \$30s.

The best part? Even if you don't match with another passenger, your trip is set at \$5 when you're riding solo. Well played, Lyft, well played.

This is a limited-time offer, so get on it. Besides reducing congestion and pollution, you might wind up being matched with a new friend — or even falling in love! Embrace the ridesharing

world, and it may just embrace you back.

However, if you're not into ridesharing and live just a little farther north, Gett offers \$10 anywhere in Manhattan below 110th Street, no sharing required. SARA SHERR



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Myanmar: The Golden Land

One of the least known and least developed countries in Southeast Asia, Myanmar has been taking its first steps toward long-overdue change. Now is the perfect time to visit.

Myanmar — known as Burma until 1989 — is the most enigmatic country in Southeast Asia. Enfolded by jungle-clad hills, its central river valleys were for centuries the heartland of a classical civilization little known by the outside world. The democratic reforms which began following Aung San Suu Kyi's release from house arrest in 2010 are now slowly but steadily transforming the country, and the future is looking bright.

After 50 years in the economic doldrums, Myanmar remains locked in a kind of time warp. The former capital, Yangon (Rangoon), may be sprouting skyscrapers, but elsewhere, horse carts outnumber cars.

Monks collecting alms

Walking the streets of Mandalay in the early morning, you'll see hundreds of monks queuing for alms and young women with fragrant thanaka paste smeared over their faces. Beautifully patterned batik sarongs are worn by nearly all women and most men. The everyday smells in the street can be just as strikingly unfamiliar, along with the wonderful flavors of Burmese cooking with its pungent mix of spices, seafood sauces, limes and fresh green leaves.

Myanmar has more world-class monuments than you could possibly see on a 28-day tourist visa, a wealth of vibrant arts and crafts traditions and, not least, inhabitants whose resilience, gentleness and hospitality

impress every visitor.

Much of the country is now completely open to foreign tourists, although some areas (mainly in the east and far north) still require a permit to visit. Exploring Myanmar on a pre-organized tour is a convenient option, saving you the hassle of dealing with the country's rudimentary and antiquated transport infrastructure.

A typical 18-day package tour will take in the main highlights, usually featuring the “Big Four” (Yangon, Mandalay, Inle Lake and Bagan) with perhaps a side trip to Ngapali Beach or a night or two on a luxury cruiser down the majestic Irrawaddy River.

INSIGHT GUIDES | DAVID ABRAM

Shwedagon Pagoda

This gigantic golden stupa is the supreme symbol of Burmese Buddhism and national pride.

Bagan

Around 2,200 ancient religious buildings are on the arid Plains of Bagan, one of Southeast Asia's great-

est archaeological sites.

Golden Rock Pagoda

Teetering on the rim of a cliff top in the coastal hills of Mon State, this extraordinary gilded boulder ranks among the country's most magical pilgrimage sites.

Inle Lake

"One-legged" Intha rowers, floating gardens, stilt villages, ancient Shan stupa complexes and beautiful scenery are just some of the attractions of this lake in the Shan Hills.

Mrauk U

This amazing lost city of ruins is hidden away in the remote west of the country.

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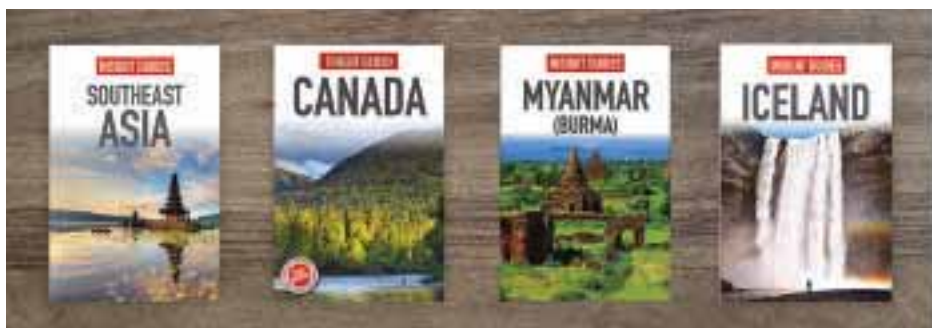
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3

SPORTS

NFL

JPP situation still murky

The Giants and defensive end Jason Pierre-Paul did not agree to a deal prior to the NFL's Wednesday afternoon deadline and now JPP will not be allowed to sign a long-term deal until after the 2015 season. JPP still has not signed his \$14.8 million franchise tender, which means he is not technically on the Giants' roster. The former All-Pro, who is still recovering from injuries suffered in a fireworks accident, is not expected to sign it until he's sure he can pass the team's physical.



Visit **Metro.us** for a full preview of the Mets' series with the mighty Cardinals.

GAIN A FANTASY ADVANTAGE THROUGH NEW ANALYTICS

There's a good chance zero members of your league are using advanced statistics when making fantasy football decisions. Heck, even real NFL teams are lagging way behind their NBA and MLB counterparts in analytics.

Now is an excellent time to get ahead of the curve. We're not going to try to digest every little metric that's out there, mostly because we don't want the opposite sex to completely disown us. But there are a few stats out there that can really, really help.

Snapping to attention

Tracking snap counts and offensive personnel groupings is so simple that it doesn't even deserve to be called a "metric." It's still amazing how often this is overlooked. Darren Sproles piled up 266 yards and two touchdowns in the first two weeks of last season, but he only played on 36.5 percent of the Eagles' offensive snaps. Those in the know sold him quickly. On the other side of the coin, Charles Johnson went from zero snaps in Weeks 1 through 4 to 25.8 percent in Week 8 and then up to 53.1 percent in Week 11. It was easy to see he was progressing toward a full-time role down the stretch and therefore worth an add.



Charles Johnson was a smart pickup last year simply due to increased snaps. / GETTY IMAGES

MLB pickups

Grab these guys on the waiver wire:

- Aroldys Vizcaino, RP, Braves — Closer Jason Grilli (Achilles) is out for the year and interim man Jim Johnson will likely be traded.
- Adam Eaton, OF, White Sox — Eaton is the leadoff man for a team that should have a better second half.

Exploiting corners

Everyone knows the NFL is about matchups. Due to cornerback play, a fair projection for DeAndre Hopkins could be 5-50-0 one week and 9-150-2 the next. Instead of slaving over tape every week or getting fooled by standard box scores, use the passer rating when thrown to and catch percentage allowed stats for defensive backs. You would have known to pile stock into Hopkins when he squared off with Blidi

Wreh-Wilson in Week 13 last year (9-238-2) and the aforementioned Charles Johnson when he broke out against Darrin Walls (4-103-1).

Go short

It's fun to own guys that make plays deep down the field like DeSean Jackson, Martavis Bryant and Vincent Jackson. It's not fun when these very volatile assets leave holes in your fantasy week. If you're in a PPR (point per reception) league, you

need to realize there's a direct correlation between PFF's aDOT (average depth of target) metric and catch rate. Jarvis Landry, Julian Edelman, Golden Tate and Keenan Allen are examples of guys that see targets close to the line of scrimmage and therefore can be counted on for a high floor of weekly receptions.



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MLB

Yankees get back to work against M's

The unofficial second half of the MLB season begins on Friday as the underachieving Mariners (41-48) visit the Yankees (48-40) in the Bronx.

The road team has won the last nine meetings between the Mariners and Yankees, with the Yankees being the road team in six of those contests. On

Friday, the Yanks take on Mike Montgomery, who has been excellent since being called up. When the Yankees faced him on June 2 (Montgomery's first major league start), they got just one run on four hits and struck out seven times. The Yankees will counter with Masahiro Tanaka, and he was masterful against the Mariners on June 3. Tanaka allowed just one run on three hits and struck out nine in seven innings.

Hisashi Iwakuma faces the Bombers on Saturday, making just his third start after an arm injury that has sidelined him since late April. Iwakuma struggled to open 2015 but was sensational in the previous two years. Meanwhile, former Mariner Michael Pineda takes the hill for the Yankees. Pineda kicked off his July in a big way with just one run allowed in 13.1 innings of work while striking out 16 batters.



Masahiro Tanaka owns a 3.63 ERA so far this season. / GETTY IMAGES

At first glance, the Yankees look over-matched on Sunday, as they send out CC Sabathia to face Felix Hernandez, but there is a silver lining. Nelson Cruz and Kyle Seager are both batting below .150 against Sabathia in their careers (minimum 13 ABs). Also, the Yankees have owned "King Felix" in his career. In 211 ABs, the Yankees are hitting a collective .289 against the former Cy Young winner. **ROBERT CRISCOLA**

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★ 1934095.



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Special \$12-19.50.
Reg. \$24-\$39. Tees and shorts from Celebrity Pink and more. ★ 1926195.



SPECIAL 60% OFF STYLE & CO.

Special \$19.80.
Reg./Orig.* \$49.50. Only at Macy's. Capris. Misses & petites.
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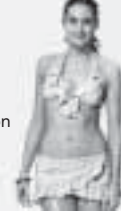
SPECIAL 65% OFF KENNETH COLE REACTION

Special \$122.50.
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★ 551083.



SPECIAL 60% OFF SWIMWEAR

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DURING THE SUPER SATURDAY SALE

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SPECIAL 30% + 15% OFF SELECT ROWENTA GARMENT CARE

Special \$16.99-254.99. Reg. \$29.99-429.99. Shown: Rowenta iron, #DW2070 (★ 551922).



SPECIAL 70% OFF 10K AND 14K GOLD EARRINGS

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Special \$16.99-254.99. Orig.* \$29-\$199. Dress & casual shoes from our clearance racks.



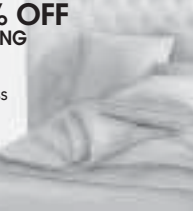
SPECIAL 60% OFF ALL 9-PC. & 10-PC. SETS

Special \$119.99-159.99. Reg. \$300-\$400. Only at Macy's. From Martha Stewart Collection®. Queen or king. Shown: Verdant Grove.
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SPECIAL 60% OFF ALLERGY-WISE BEDDING

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★ 1072645.



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OR, USE YOUR MACY'S CARD OR THIS PASS FRI-SUN

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